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Benadryl Dosing Chart

- Benadryl can be given every 6-8 hours.
- Benadryl can be used for **itchy skin, hives, allergies or colds.**
- Benadryl is also sold in generic forms known as **Diphenhydramine.**
- Benadryl will make your child **drowsy.**
- Claritin, Zyrtec or Allegra are non-drowsy allergy medicines, but they are not as effective as Benadryl when treating food allergies.
- Yes, you could use Benadryl for infants **under 1 year.**

Weight	Liquid (12.5mg/5ml)	FastMelt Chewable (12.5mg tablets)	Tablets/Capsules/Quick Dissolve Strips (25mg tablets or 25mg strips)
8-9lbs	1.25 ml (1/4 tsp)		
10-11lbs	2ml		
12-16lbs	2.5ml (1/2 tsp)		
17-21lbs	3.75ml (3/4 tsp)		
22-25lbs	4ml		
26-33lbs	5ml (1 tsp)	1 FastMelt	
33-39lbs	6ml	1 FastMelt	
40-45lbs	7ml (1.5 tsp)	1.5 FastMelt	
46-52lbs	9ml	1.5 FastMelt	
53-58lbs	10ml (2 tsp)	2 FastMelt	1 tab/cap/strip
59-65lbs	11ml	2 FastMelt	1 tab/cap/strip
66-72lbs	12ml (2.5 tsp)	2.5 FastMelt	1.5 tab/cap/strip
73-80lbs	14ml	2.5 FastMelt	1.5 tab/cap/strip
81-88lb	15ml (3 tsp)	3 FastMelt	1.5 tab/cap/strip
89-99lb	17ml	3 FastMelt	2 tab/cap/strip
100-109lb	18ml	4 FastMelt	2 tab/cap/strip
above 110lbs	20ml (4 tsp)	4 FastMelt	2 tab/cap/strip

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